## Volunteer in surgeries





## Are you over 50 with time to spare and skills to share?

We are looking for volunteers to give personal help and support to other patients of this surgery who may be housebound, lonely or not very mobile. Your help may include

- driving patients to and from this surgery or to hospital appointments
- befriending them
- helping patients to join social activities in the community
- general help as appropriate

  If you are interested in any or all of the above, please contact:

Please contact Debbie Grant at the Surgery, 01179799430 who will happily give you more information.

